Sunday Night Message

April 20, 2014

Psalm 62 - Trusting and Waiting

Series - The Psalms

Text - Psalm 62

#### Introduction

#### "To the chief Musician, to Jeduthun, A Psalm of David."

Jeduthan is said to be a choir leader. His name is mentioned in the introductory material of three psalms: 39, 62, and 77.

Throughout this psalm David is reminding himself, his enemies, and the people of God that his trust is in the Lord, and wait upon Him.

That is what most of our preaching and teaching is all about. If you have been saved for any length of time, it is not very likely that you are going to often receive some earth shattering truth from this pulpit, but you will be reminded of old, familiar truths. Preaching and teaching constantly reminds of the truths that we need to survive spiritually. Preachers are often cheerleaders for the Truth.

### I A Reminder to Himself (vs. 1 - 2; 5 - 7)

# "Truly my soul waiteth upon God: from him cometh my salvation." (Psalms 62:1)

It appears from this verse that this psalm was written during a time when David was under attack, which could be many different times of his life. (Absalom, Saul) David never "waited" for a solution from men, and he never depended on them. He trusted in the Lord, and He waited patiently for God to deliver Him.

Notice the word, "waiteth". We don't like to wait. We want what we want, when we want it. When we pray, we want immediate results. God rarely responds immediately.

"Wait on the LORD: be of good courage, and he shall strengthen thine heart: wait, I say, on the LORD." (Psalms 27:14)

"But they that wait upon the LORD shall renew their strength; they shall mount up with wings as eagles; they shall run, and not be weary; and they shall walk, and not faint." (Isaiah 40:31)

#### Warren Wiersbe said:

"Times of waiting can be difficult if we don't depend wholly on the Lord. God's delays are not God's denials, but our impatience can be used by the devil to lead us on dangerous and destructive detours."

## "He only is my rock and my salvation; he is my defence; I shall not be greatly moved." (Psalms 62:2)

Notice the phrase "only" (also vs. 5 - 6). God has the exclusive – we cannot put our trust in anything but Him. David's faith was not in God plus anything else, it was in God alone.

We saw this reference to God being a "rock" in our study of Psalm 61. Verse 2 says:

"From the end of the earth will I cry unto thee, when my heart is overwhelmed: lead me to the rock that is higher than I." (Psalms 61:2)

Notice the expression "lead me to the rock that is higher than I" – a higher rock is a place of greater stability, safety, and security, and a place of greater sight. When God brings us higher, he helps us to understand what we could not understand, and he helps us to see what can be done.

"For my thoughts are not your thoughts, neither are your ways my ways, saith the LORD. For as the heavens are higher than the earth, so are my ways higher than your ways, and my thoughts than your thoughts."

(Isaiah 55:8-9)

Notice the word, "rock". God often refers to Himself as "the Rock":

"He is the Rock, his work is perfect: for all his ways are judgment: a God of truth and without iniquity, just and right is he." (Deuteronomy 32:4)

<sup>&</sup>lt;sup>1</sup> Wiersbe, W. W. (2004). *Be worshipful* (1st ed., p. 211). Colorado Springs, CO: Cook Communications Ministries.

"For who is God, save the LORD? and who is a rock, save our God?" (2 Samuel 22:32)

"The LORD liveth; and blessed be my rock; and let the God of my salvation be exalted." (Psalms 18:46)

"In God is my salvation and my glory: the rock of my strength, and my refuge, is in God." (Psalms 62:7)

He also refers to His Word as a rock:

"Therefore whosoever heareth these sayings of mine, and doeth them, I will liken him unto a wise man, which built his house upon a rock: And the rain descended, and the floods came, and the winds blew, and beat upon that house; and it fell not: for it was founded upon a rock." (Matthew 7:24-25)

### II A Reminder to His Enemies (vs. 3 - 4)

"How long will ye imagine mischief against a man? ye shall be slain all of you: as a bowing wall shall ye be, and as a tottering fence." (Psalms 62:3)

He seems to be directing this verse to his enemies. David expresses his complete confidence that God will utterly destroy all of David's enemies.

"They only consult to cast him down from his excellency: they delight in lies: they bless with their mouth, but they curse inwardly. Selah." (Psalms 62:4)

Here we see the deceitfulness of men. They pretend to be your friend, but they really are trying to destroy you.

"The words of his mouth were smoother than butter, but war was in his heart: his words were softer than oil, yet were they drawn swords." (Psalms 55:21)

This reminds me of salesmen. They pretend to be your best pals, but in reality they could care less about you. They only want from you what they can get.

# "My soul, wait thou only upon God; for my expectation is from him." (Psalms 62:5)

Now David is directing the verse to himself. He is reminding himself of a truth that he already knows, and that he has proclaimed to others.

## "He only is my rock and my salvation: he is my defence; I shall not be moved." (Psalms 62:6)

This is the truth that David is reminding himself of. Notice that this verse is almost identical to v. 2, but the word "greatly" is removed. The word "moved" means to be shaken. It seems like the more David reminded himself of his dependence upon God, the more his heart was calmed.

## "In God is my salvation and my glory: the rock of my strength, and my refuge, is in God." (Psalms 62:7)

"The horse is prepared against the day of battle: but safety is of the LORD." (Proverbs 21:31)

This is why David got in trouble for numbering the people in 2 Samuel 24. He forgot this principle, and he began to trust in the size of his army.

Notice the word "refuge" – we see it several times in the Bible referring to God. It means a shelter from rain, or danger.

"The eternal God is thy refuge, and underneath are the everlasting arms: and he shall thrust out the enemy from before thee; and shall say, Destroy them."

(Deuteronomy 33:27)

"The God of my rock; in him will I trust: he is my shield, and the horn of my salvation, my high tower, and my refuge, my saviour; thou savest me from violence." (2 Samuel 22:3)

"The LORD also will be a refuge for the oppressed, a refuge in times of trouble." (Psalms 9:9)

"God is our refuge and strength, a very present help in trouble." (Psalms 46:1)

"The LORD of hosts is with us; the God of Jacob is our refuge. Selah." (Psalms 46:7)

"In the fear of the LORD is strong confidence: and his children shall have a place of refuge." (Proverbs 14:26)

### III A Reminder to God's People (vs. 8 - 11)

"Trust in him at all times; ye people, pour out your heart before him: God is a refuge for us. Selah." (Psalms 62:8)

He now addresses the people of God and reminds them to trust in the Lord.

"Surely men of low degree are vanity, and men of high degree are a lie: to be laid in the balance, they are altogether lighter than vanity." (Psalms 62:9)

You cannot trust in people.

"Trust not in oppression, and become not vain in robbery: if riches increase, set not your heart upon them." (Psalms 62:10)

You cannot trust in riches.

"God hath spoken once; twice have I heard this; that power belongeth unto God." (Psalms 62:11)

You must trust in God. He is the only one that can deliver you.

Notice the way verse 11 is worded. This is a Hebrew way of saying that David had heard this many times. He was reminded of this truth many times.

### IV A Reminder to God (v. 12)

"Also unto thee, O Lord, belongeth mercy: for thou renderest to every man according to his work." (Psalms 62:12)

"O LORD, I have heard thy speech, and was afraid: O LORD, revive thy work in the midst of the years, in the midst of the years make known; in wrath remember mercy." (Habakkuk 3:2)

David is now asking the Lord for mercy. No matter who we are, we are all in need of God's mercy. David knew that the Lord would weigh David's situation according, and would be merciful to David. David was turning this difficult situation over to the Lord. He was laying his problem on God's altar, and was trusting that God would be merciful to him, and deliver him.

What problem are you facing today?

You must give it to the Lord, and wait on Him.